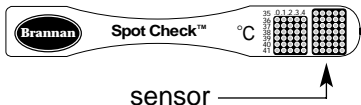
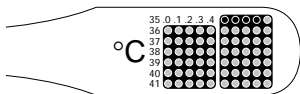


# Instructions



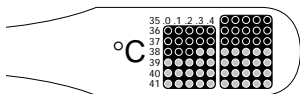
sensor

- Use light disinfectant to clean the Spot Check before use.
- Place the temperature sensor under the tongue.
- Leave the sensor under the tongue for **at least one minute**. [too short a time may result in an incorrect reading]
- Remove the thermometer and examine the spots with an overhead light source
- **The last spot to turn black shows the current body temperature**
- After about 30 seconds the thermometer resets itself and can be used again.
- Use luke warm water or light disinfectant to clean the Spot Check -before wiping dry and storing.

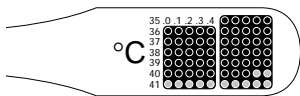


35.8°C

example  
readings



38.2°C



40.7°C

- The generally accepted normal body temperature for a healthy person is 37°C. However there are measurable differences between individuals.

# Spot Check™

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## Re-useable Thermometer

### Technical Information

Accuracy:  $\pm 0.1^{\circ}\text{C}$   
Resolution:  $\pm 0.1^{\circ}\text{C}$

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Brannan Thermometers  
Cleator Moor  
Cumbria CA25 5QE  
England